

Today is the first day of our 30-day poetic journey together. I am excited, inspired and ignited to write for you each day. I know that some days, poems will come whooshing through for you.
Other days, I will sit and wait for the whisper of spirit.

Here is Poem One. This particular poem is accompanied by an audio file where you can hear a reading of today's offering. Please click the audio link and then scroll down to read. I encourage you to give yourself the gift of time and presence and let the words wash over you. Let them soak.

Get ready for a delicious month together. It is an honor and a blessing to write for you. Happy New Year!

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Fancy meeting you
Hear
This page
It's been ages
We're old soul friends

I remember
Do you
Remember when
You still believed
What you could not see

Kites with strings
Balloons that blow
Leaves that flip in the wind
All know...
It's only breath
That sets them sailing
So let's let go
No more failing
To allow our flights of fancy

We just forgot
Our daydreams got serious and smart
But this year
Sings us home to the heart
Let's return to our senses
Inhale new scents
Present tense is
The best time
To exist in...

It is okay to dangle
No need to wrestle and wrangle
With zealous solutions
From our diets and plans: Absolution
Perhaps loving
Presence is the best resolution

Let life wiggle in
Between awe and doubt
Just feel for your dreams
Thaw them out
This winter let them
Defrost
You will find nothing
Was lost

So refrain from all toiling
Let your soil
Rest and toss
Reason

Renewal
Rebirth
It's your season

POEM ONE

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Serving you
Poems to go
Words that feed
Heart and soul